

Widowed Persons Support Group Newsletter 2016-2017

Anyone experiencing the loss of a loved one is invited to the following support and social events.

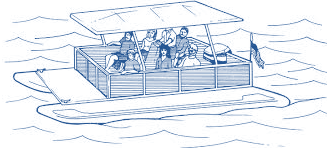
Notice below that two Tuesday sessions have been added to the one Sunday a month.

The support sessions are ONE Sunday and TWO Tuesday mornings so you can attend at your convenience.

Watch for postcards to arrive each month as your monthly reminder and updated information!

September: Sunday 11th 9:30 - 10:30am and Tuesdays the 13th & 27th 8:45 - 9:45am
Support Sessions are in the Adult Faith Formation Room in Saint Boniface School
[Prepare for discussion:](#) What's your source of support right now?

Social Event: Pontoon Picnic Sunday, September 11th 3:00-5:00pm departing at Lion's Park.
Bring your sandwich, a snack to share, and your favorite beverage. Dress for the weather!



October: Sunday 9th 9:30 - 10:30am and Tuesdays the 11th & 25th 8:45 - 9:45am
Support Sessions are in the Adult Faith Formation Room in Saint Boniface School
[Prepare for discussion:](#) Giving yourself permission to grieve, whatever your feeling is okay.

Social Event: Annual Halloween potluck after 5:00 pm Mass Saturday, October 29 Adult FF Room



November: Sunday 13th 9:30 - 10:30am and Tuesdays the 15th & 29th 8:45 - 9:45am
Support Sessions are in the Adult Faith Formation Room in Saint Boniface School
[Prepare for discussion:](#) Returning to normal, remain flexible with yourself.

Social Event: Amahl and the Night Visitors, Sunday, Nov. 20 2pm Humphrey Theater SJU \$17

December: Sunday 11th 9:30 - 10:30am and Tuesdays the 13th & 27th 8:45 - 9:45am
Support Sessions are in the Adult Faith Formation Room in Saint Boniface School
[Prepare for discussion:](#) Family and friends grieve too.

Social Event: Annual Christmas Dinner at Blue Heron Tuesday, December 20 5:00pm
Call Laura if you would like to car pool.



January: Sunday 8th 9:30 - 10:30am and Tuesdays the 10th & 24th 8:45 - 9:45am
Support Sessions are in the Adult Faith Formation Room in Saint Boniface School
[Prepare for discussion:](#) Keeping the memories alive.

Social Event: Attend the Christian Women Breakfast together after our support session.

Note: Another newsletter will arrive in January for the February through May gatherings.

We are happy to continue sending you this newsletter and post cards but if you wish to DISCONTINUE receiving notices, please contact one of the members of the Planning Team.

Thank you!

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